

**Free
Registration**



Swim your way and raise funds to save young lives

1–31 March

Laps for Life

Sign up at
lapsforlife.com.au



**REACH
OUT.COM**

One in four young people in Australia is currently experiencing a mental health difficulty, and 70% of those who need help, don't get it.

Laps for Life is **ReachOut Australia's** annual fundraising swim event, to raise funds to support young people experiencing mental health difficulties.

Principal partner

ZOGGS